Learn-to Swim Summer 2024

July 1 - August 18

The Original Lesson

Pick your day and time. Swim once a week for 7 weeks.

7 Group / Young Adult Classes: \$238 7 Toddler Classes: \$343 Monday: 7/1 - 8/12 Tuesday: 7/2 - 8/13 Wednesday: 7/3 - 8/14 Saturday: 7/6 - 8/17 Sunday: 7/7 -8/18

6 Group / Young Adult Classes: \$204 6 Toddler Classes: \$294 Thursday 7/11 - 8/15 (No Class 7/4)

Double the Fun Lesson

Pick your time.
Swim Mon/Wed or Tue/Th for 5 weeks.

10 Group Classes: \$340 9 Group <u>Classes: \$306</u>

Double A: Mon/Wed 7/1 - 7/31

Double B: Tue/Th 7/2-8/1 (9 classes - closed 7/4)

Double C: Mon/Wed 7/15 - 8/14

Double D: Tue/Th 7/16 - 8/15

Weekly Lesson

Pick your time. Swim Monday - Thursday for one week.

Group Lessons First Week: \$152
Each Additional Week: \$142
*Week1 will only meet 3 times \$114

*Week 1: 7/1 - 7/3
Week 2: 7/8 - 7/11
Week 3: 7/15 - 7/18
Week 4: 7/22 - 7/25
Week 5: 7/29 - 8/1
Week 6: 8/5 - 8/8
Week 7: 8/12 - 8/15

HAPPY 4TH OF JULY! NO CLASS THURSDAY 7/4

Monday - Thursday

Time Programs Offered 9:10 - 9:40 Group Lesson & Toddler Lesson 9:50 - 10:20 Group Lesson & Toddler Lesson 10:30 - 11:00 Group Lesson & Toddler Lesson 11:10 - 11:40 Group Lesson & Toddler Lesson 11:50 - 12:20 Group Lesson & Young Adult Lesson 2:10 - 2:40 Group Lesson 2:50 - 3:20 Group Lesson, Young Adult Lesson 3:30 - 4:00 Group Lesson, Young Adult Lesson 4:10 - 4:40 Group Lesson 4:50 - 5:20 Group Lesson 5:30 - 6:00 Group Lesson 6:10 - 6:40 Group Lesson (Original Only)

Saturday, Sunday

Time	Programs Offered
9:10 - 9:40	Group Lesson & Toddler Lesson
9:50 - 10:20	Group Lesson & Toddler Lesson
10:30 - 11:00	Group Lesson & Toddler Lesson
11:10 - 11:40	Group Lesson & Toddler Lesson
11:50- 12:20	Group Lesson & Toddler Lesson
12:30 - 1:00	Group Lesson & Toddler Lesson

REGISTER ONLINE

Currently Enrolled Families Opens 4/2 @ 12:00pm

Returning Families 4/3 @ 12:00 pm

New Families 4/4 @ 12:00 pm

(516) 378-8467

LONGISLANDSWIMSCHOOL.COM

Stroke Clinic Summer 2024

July 1 - August 18

Original Stroke Clinic

Pick your day and time. Swim once a week for 7 weeks.

7 Classes \$224 Monday: 7/1 - 8/12

6 Classes \$192 Thursday 7/11 - 8/15 Tuesday: 7/2 - 8/13 (No Class 7/4)

Wednesday: 7/3 - 8/14 Saturday: 7/6 - 8/17 Sunday: 7/7 -8/18

> Beginner SC: 9:10 am, 5:30pm SC & YA SC: 9:50am, 6:10pm

Double the Fun Stroke Clinic

Swim Mon/Wed or Tue/Th for 5 weeks.

Double M/W: \$320

Double T/Th: \$320 7/16 - 8/15

Beginner SC 11:10 SC & YA SC: 11:50

Weekly SC

for one week.

First Week: \$144 Each Additional Week: \$134
*Week 1 will only meet 3 times \$110

> *Week 1: 7/1 - 7/3 Week 2: 7/8 - 7/11 Week 3: 7/15 - 7/18 Week 4: 7/22 - 7/25 Week 5: 7/29 - 8/1 Week 6: 8/5 - 8/8 Week 7: 8/12 - 8/15

> > All SC Levels 8:20am

HAPPY 4TH OF JULY! NO CLASS THURSDAY 7/4



Jump Start Stroke Clinics

Jump start your swimmer's season with this unique opportunity to learn from the best. This program is open for swimmers ages 6 - 10 who have been evaluated and placed into the Stroke Clinic or Narwhal level by staff evaluation.

Single Week Sessions Monday - Thursday 1:00 - 3:00pm

Week 2: 7/8 - 7/11 Week 4: 7/22 - 7/25 Week 6: 8/5 - 8/8



additional week

Monday - Thursday

Programs Offered Time All Levels (Weekly) Beginner Stroke Clinic (Original) Stroke Clinic & YASC (Original) Beginner Stroke Clinic (Doubles) Double M/W 7/1 - 7/31 Double T/Th 7/16 - 8/15 Stroke Clinic & YA SC (Doubles) Double M/W 7/1 - 7/31 Double T/Th 7/16 - 8/15 5:30 - 6:00 Beginner SC (Original) Sroke Clinic & YASC (Original)

Saturday, Sunday

Programs Offered Time

Saturday: Beginner SC & Stroke Clinic Sunday: Stroke Clinic & Young Adult SC

> Weekend Classes are offered on the Original Schedule only

REGISTER ONLINE

Currently Enrolled Families Opens 4/2 @ 12:00pm

Returning Families 4/3 @ 12:00 pm

New Families 4/4 @ 12:00 pm

(516) 378-8467

LONGISLANDSWIMSCHOOL.COM